



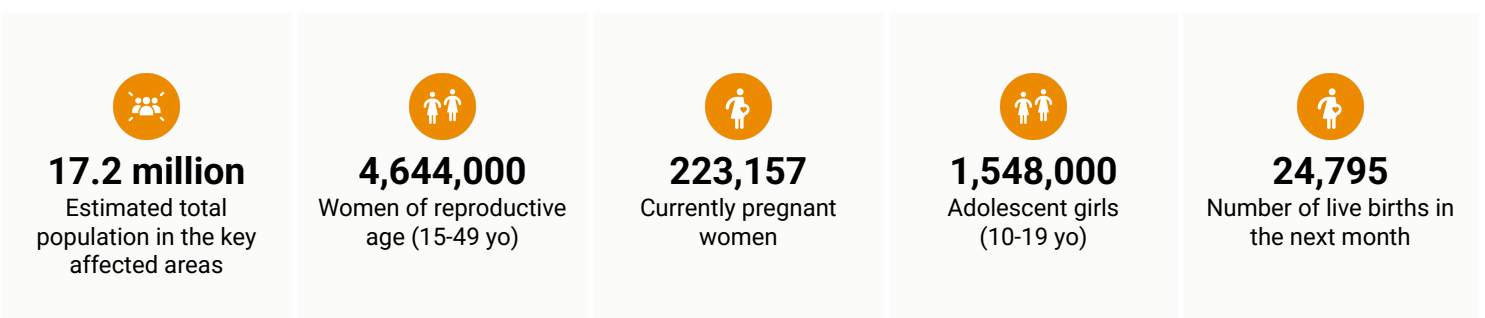
Situation Report #3

UNFPA Prioritizes Urgent Health and Protection Support in Myanmar

Photo: UNFPA Myanmar

Country:	Myanmar
Emergency type:	Earthquake
Start Date of Crisis:	March 28, 2025
Date Issued:	April 12, 2025
Covering Period:	April 5, 2025 to April 10, 2025
Contact Persons:	Jaime Nadal Roig, UNFPA Myanmar Country Representative nadal@unfpa.org

Key Figures (Figures will continue to be updated as assessments are ongoing)



* The total population living in the affected areas in 13 states/regions - [OCHA Humanitarian Snapshot Myanmar Earthquake](#), as of April 7, 2025.

* The estimated figures for Women of Reproductive Age, pregnant women and adolescent girls are based on the Minimum Initial Services Package for Sexual and Reproductive Health in Humanitarian Settings (MISP) calculator

Highlights

- Over 10 million women and girls were already in need of humanitarian assistance due to conflict and economic instability before the earthquake struck on March 28, 2025. Their vulnerabilities have since deepened.
- Among the more than 4.6 million women of reproductive age in the affected areas, an estimated 223,000 pregnant women are at heightened risk, many now cut off from life-saving maternal care and sexual and reproductive health (SRH) services.
- Urgent needs include access to antenatal and postnatal care, family planning, safe deliveries, and essential SRH medicines and supplies.
- Women and girls face elevated risks of gender-based violence (GBV) in overcrowded and insecure displacement sites with limited lighting, privacy and protection mechanisms.
- Extreme heat conditions are further increasing pregnancy complications, including dehydration, preterm labour, and heightened risk of infections—especially among those sheltering in the open.

Situation Overview

- On March 28, 2025, two consecutive earthquakes – measuring 7.7 and 6.4 in magnitude – struck central Myanmar with epicenters near Mandalay and Sagaing at a shallow depth of 10 km. Millions of women of reproductive age are in affected areas, including approximately 223,000 pregnant women, who now face life-threatening barriers to accessing maternal and newborn care.
- Nearly 70 health facilities have been damaged¹, disrupted supply chains and constrained access have severely impacted SRH services, including antenatal and postnatal care, family planning, and emergency obstetric care.
- Displacement into makeshift and overcrowded shelters has sharply increased the risk of gender-based violence. These environments lack secure sanitation, privacy, and protection, particularly endangering adolescent girls and women with disabilities.
- The earthquake coincided with the hottest season of the year, further endangering pregnant women exposed to prolonged heat without adequate shelter, clean water, or nutrition. Health risks such as dehydration, preterm labour, and hypertensive complications are rising. Early signs of diarrhoeal disease and fears of cholera outbreaks add to the strain on already overwhelmed health systems.

UNFPA Response

UNFPA Myanmar continues to prioritize urgent sexual and reproductive health (SRH) service delivery and integrated gender-based violence (GBV) and mental health and psychosocial support (MHPSS) for women and girls in severely impacted areas such as Mandalay and Sagaing.

1. Provision of Life-Saving SRH Services

- **Mandalay:** Three health teams comprising of a medical doctor, nurses, and midwives (one static clinic at Aung Myay Thar San Township and two mobile clinics) are operating to deliver maternal, newborn, and other SRH services to approximately 5,000 affected individuals.
- **Sagaing:** One static clinic in Sagaing City and three mobile clinics are providing essential SRH care to around 2,000 people.
- **Other States and Regions (Nay Pyi Taw & Southern Shan):**

¹ [OCHA: Myanmar Earthquake: HNRP Flash Addendum, April 11, 2025.](#)

- Mobile clinics are being deployed to ensure that remote and hard-to-reach areas receive critical SRH services.
- To date, approximately 2,706 women and girls have been reached with UNFPA-supported SRH services.

2. Mental Health and Psychosocial Support (MHPSS)

- MHPSS Specialists, in collaboration with partner civil society organizations (CSOs), have delivered Psychological First Aid (PFA) sessions and group psychosocial support in Mandalay and Sagaing.
- Four PFA sessions were organized, attended by 64 frontline humanitarian workers, field staff, and members of the Search and Rescue teams.
- Five group emotional support sessions were conducted, benefiting 115 individuals affected by the earthquake, including women and girls.

3. Distribution of Essential Supplies for GBV prevention

- UNFPA and its partners are actively delivering essential supplies to women and girls in the hardest-hit areas, including Mandalay, Sagaing and Southern Shan and in the South East, with a focus on dignity, safety, and informed access to services. Distributions include 2,700 Dignity Kits, 650 Clean Delivery Kits, and 2,625 Women Essential Items (WEIs), tailored to meet the specific needs of women and girls, including those with disabilities.
- These efforts are paired with information on available protection and health services, ensuring that recipients are not only supported with critical items but also connected to the care they need. Supplies are being distributed using coordinated multi-agency mechanisms and temporary storage facilities established in collaboration with partners.

4. GBV Coordination and Training

- UNFPA, as the lead of the GBV Sub-Cluster, continues to coordinate GBV risk mitigation and response across all affected regions.
- Updated GBV referral pathways have been disseminated in Mandalay and Sagaing to support timely access to life-saving services.
- Regular inter-agency coordination meetings (including Inter Cluster Coordination Group sessions, ICCG) ensure a harmonized response across sectors, mainstreaming GBV prevention and risk mitigation across the humanitarian response efforts.
- Capacity-building on the GBV Pocket Guide and GBV risk mitigation for more than 45 frontline responders to ensure integrated response efforts and referral to confidential and survivor-centred support for GBV survivors.

5. Coordination with Partners

- In addition to leading the GBV Sub-Cluster, UNFPA actively participates in the ICCG, Health Cluster, Protection Cluster, and other inter-agency platforms to ensure effective data-sharing and unified response planning.
- Ongoing Rapid Needs Assessments (RNAs) conducted in Mandalay, Sagaing, Southern Shan, South East region, and Nay Pyi Taw continue to guide targeted interventions and logistics.
- Consolidated mapping efforts are underway to improve distribution and support, particularly in areas with access constraints.
- UNFPA is coordinating with the World Food Programme (WFP) to secure nutritional supplies for pregnant women and lactating mothers in Mandalay and Sagaing. This collaboration aims to ensure that vulnerable populations receive essential nutritional support during this critical time.

6. Supply Chain & Procurement for Emergency Relief Items

- In addition to dignity kits, procurement for mosquito nets, solar/inverter lamps, and tarpaulin sheets are ongoing. Inter-Agency Reproductive Health Kits (IARH) kits comprising life-saving medicines, equipment and consumables to support SRH services, including safe births, will also be procured and delivered to partners.

Results Snapshots



9,706

People reached with essential health care, including life-saving maternal care and **SRH services in severely affected regions, Mandalay and Sagaing**






9

Health facilities supported (including mobile and static clinics in severely affected regions, Mandalay and Sagaing)



5,738

People reached with **GBV prevention, mitigation, and response** activities, including capacity building and provision of dignity kits and Women Essential Items kits

	2,700	Dignity Kits distributed to individuals in Mandalay and Sagaing through various agencies and UNFPA's partners
	2,625	Women Essential Items (WEI) kits distributed to individuals in Mandalay and Sagaing through various agencies as well as UNFPA's partners
	650	Clean Delivery Kits distributed to individuals



UNFPA Representative, Mr Jaime Nadal Roig, met with partner organizations on the ground providing emergency support for women and girls and people with disabilities, affected by the earthquake. Photo © UNFPA Myanmar



UNFPA Representative, Mr. Jaime Nadal Roig, accompanied by the UNFPA team met earthquake- affected women and girls in Mandalay. Photo © UNFPA Myanmar



At the emergency relief item distribution, UNFPA staff introduced the content of the dignity kits and provided information on gender-based violence for earthquake- affected women and girls in Mandalay. Photo © UNFPA Myanmar



Mr. Tom Fletcher, Under-Secretary-General for Humanitarian Affairs and Emergency Relief Coordinator, joined the UN joint distribution in Mandalay for the earthquake-affected women and girls. Photo © UNFPA Myanmar



UN RC&HC a.i Mr. Marcoluigi Corsi and UNFPA Representative Mr. Jaime Nadal Roig joined the Emergency Relief Coordinator's visit to a UN joint distribution site in Mandalay. Photo © UNFPA Myanmar

Communications

- Video: [UNFPA Myanmar’s Representative highlights UNFPAs response after the earthquake](#)
- News: [Democratic Voice of Burma \(DVB\)](#), [Dawei Watch](#), [Ms Magazine](#)
- Website: <https://www.unfpa.org/myanmar>

Funding Status

UNFPA’s emergency response plan for April to September 2025, requires **US\$12 million** to address the escalating humanitarian needs following the devastating earthquakes on March 28, 2025. To date, **US\$2.9 million** has been mobilized through the UNFPA Emergency Fund, and with support from Australia, the United Kingdom, and the Government of Korea. The strategy and funding appeal focus on reinforcing and expanding ongoing efforts to provide immediate, life-saving health and protection services to affected women and girls.

The plan builds on existing initiatives while addressing long-standing vulnerabilities exacerbated by the earthquakes. To ensure a comprehensive and community-driven response, UNFPA will collaborate closely with a network of national and local partners. This coordinated approach is critical to effectively meeting the needs of the most at-risk groups in Myanmar’s most affected areas.

As the humanitarian crisis deepens and the monsoon season approaches, flexible funding is essential to maintain a sustained and coordinated response. This will ensure the continued provision of critical services, including SRH care and protection from GBV. Support can be provided through direct funding commitments or in-kind contributions, both of which are vital to addressing the urgent needs of vulnerable communities.

